



## Parent Guide

This guide is meant to equip you with discussion questions and conversation starters that you can use throughout the week to continue the conversation about what you and your kids learned on Sunday.

## Sermon Summary

In case you missed it, or if you just need a refresher, here's a quick summary of what we talked about this week in the sermon:

Pastor discussed the question "Who am I?" and explored three false identities: I am what I do, I am what people say about me, and I am what I have. These ideas are all lies that prevent us from understanding our true worth as beloved children of God. Pastor emphasized that Jesus, despite being tempted by Satan in the wilderness, stood firm in His identity anchored in God's love. The sermon reminded us that we too are beloved by God, chosen and blessed, even in our brokenness, and called to give ourselves to others just as Jesus did. Our true identity is in being deeply loved by God, not in our achievements, possessions, or the opinions of others.

## Conversation Starters

*These are things you can talk about with your kids to help further the conversation about what they may have learned on Sunday.*

- During dinner time, ask:
  - "What do you think it means to be a beloved child of God?"

- This question relates to the core message of the sermon about our true identity in God.
- On the way to school, discuss:
  - "Why do you think people often base their worth on what they do or own?"
  - This reflects Pastor's discussion about false identities.
- During a quiet moment before bed, ask:
  - "What are some ways we can remind ourselves that we are blessed even when life is tough?"
  - This is derived from the point about claiming our blessedness amidst difficulties.
- When playing together, question:
  - "Can you think of a time when someone said something nice about you and it made you feel good? How about something not so nice?"
  - This ties back to the idea that we often base our worth on others' opinions.
- After reading a Bible story, ask:
  - "How did Jesus resist temptation in the wilderness and what can we learn from it?"
  - This encourages reflection on Jesus' experience as discussed in the sermon.